





Home Disaster Preparedness Kit

An emergency or an evacuation can last a lot longer than just a few hours or overnight. When packing, think of what you would take on a 2-week camping trip.

- 1. Place loose items in airtight plastic bags and keep these items in large easy-to carry, waterproof containers like a trash bin or plastic tub
- 2. Label each container with your name and address
- 3. Add last-minute items when a warning or evacuation order is issued
- 4. Each month, check for items that you might need to add or replace. Rethink your items and family needs, especially if new medications are needed or if children have grown.
- 5. Store the kit in a safe place nearby a main exit. Tell family members where the kit is located.
- 6. Store at least a three-day supply of water (one gallon of water per person per day).
 - **Rotate your water every six months so it stays fresh.

Date created:

| Food | | | Extra change of clothing (one | | 3-inch sterile roller bandages |
|--|----------------------------------|-----------------------|---|--|--|
| Rotate your stored food every six months | | | complete change per person) | | (3 rolls) |
| so it stays fresh. Date added | | | Extra eye glasses Extra pair of underwear/socks | | Activated charcoal (use if advised by the Poison Control |
| | | | | | |
| | Keep a "picnic basket" with | | Feminine supplies | | Center) |
| | plastic cups, plates, utensils, | | Hat (with a brim for hot, sunny | | Aloe |
| | non-electric can opener and | | weather; wool for winter) | | Antacid |
| | at least a three-day supply of | | Insect repellent | | Anti-diarrhea medications |
| | non-perishable food: | | Jacket (waterproof) | | Aspirin or nonaspirin pain relieve |
| П | Canned juices | | Medications | | Antiseptic cream or spray |
| | High energy foods, i.e. peanut | | Pillows | | Assorted sizes of safety pins |
| | butter, nuts, granola, crackers, | | Shampoo/conditioner | | Cleansing agent/soap |
| | dried fruit | | Soap | | Insect repellent |
| П | Ready-to-eat canned meats, | | Sunscreen | | Laxative |
| | fruits, and vegetables | | Sturdy shoes or work boots | | Latex gloves (2 pairs) |
| | naite, and regetables | | Sunglasses | | Moistened towelettes |
| Baby | | | Toothbrush, toothpaste, dental | | Nonprescription drugs |
| | e added | | floss, mouthwash | | (check expiration dates every |
| | Baby food | | Umbrellas | | six months) |
| | Blanket | | | | Prescription drugs |
| | Bottles | San | itation | | (check expiration dates every |
| | Diapers/wipes | Dat | te added | | six months) |
| | Formula | | Disinfectant | | Scissors |
| | Hat | | Dust masks or cotton T-shirt to | | Sterile adhesive bandages in |
| | Jacket/sweater | | filter the air | | assorted sizes |
| | Medications | | Household chlorine bleach | | Syrup of Ipecac (to induce |
| | One-piece outfits | | Plastic garbage bags, ties | | vomiting if advised by the Poison |
| | Pacifier | | Rubber gloves, elbow-length | | Control Center) |
| П — | Powdered milk | | Soap, liquid detergent | | Thermometer |
| | Socks/booties | | Toilet paper, towelettes | | Tongue depressor (2) |
| | Sunscreen | | | | Tourniquet |
| | Toys | Firs | t Aid Kit | | Triangular bandages (3) |
| | | Keep a | all first aid items together in a | | Tube of petroleum jelly or other |
| Adults/Kids | | waterproof container. | | | lubricant |
| Include items for each person: | | Date added | | | Tweezers |
| Date added | | | 2-inch sterile gauze pads (4-6) | | |
| | Blankets or sleeping bags | | 4-inch sterile gauze pads (4-6) | | |
| | Contact lenses and supplies | | 2-inch sterile roller bandages | | |
| | Deodorant | | (3 rolls) | | |





Date created:___



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| Handy | y Items | | Small tool box (hammer, | Fun & Games | |
|--------|------------------------------------|------------|-------------------------------------|--|--|
| Date a | dded | | screwdriver, pliers, etc.) | Choose games that everyone can play and | |
| | Batteries | Ш | Shut-off wrench, to turn off | that don't use electricity. | |
| | Cash, at least \$100 | | household gas and water | Date added | |
| | (ATMs will not work) | | Utility knives | □ Board games, deck of cards, | |
| | (ATMs will not work) Compass | Ш | Whistle (on a lanyard for each | puzzles | |
| | Disposable cameras (to record | | person) | ☐ Books, magazines | |
| | damage) | D | | ☐ Crafts, art supplies | |
| | Duct tape | | ments | | |
| | Extra set of car and house keys | Keep thes | se documents in a waterproof | Winter Items | |
| | Fire extinguisher: small ABC type | container | | Pack these items in a different container just | |
| | stored near where fires are likely | Date added | | for winter use. | |
| | to occur such as a kitchen, or | | WHN Contact List - completed | Date added | |
| | near a fireplace. It should not be | | with important phone | ☐ Blankets | |
| | kept in this kit. | | numbers/addresses | | |
| | | | See WHN's Records Recovery | ☐ Hat | |
| | | | for a list of the documents you | ☐ Mittens/gloves | |
| Ш | Hand crank or battery-operated | | should copy or keep in your | ☐ Jacket | |
| | radio | | home disaster preparedness kit | ☐ Long pants | |
| Ш | A map of the area. Consider | | (birth certificates, credit card | Long sleeved shirts | |
| | buying a plastic or laminated | | numbers, wills, house deeds, | Long underwear | |
| | version and mark nearby shelters | | | □ Rock salt | |
| | • | | etc.) | ☐ Sleeping bags | |
| | container | | WHN Home Inventory List - | □ Snow shovel | |
| | Notebooks and pens | | copies of completed list, photos | □ Sweater | |
| | Permanent markets | | and videos | \square Tin can or pot (for heating and | |
| | Plastic sheeting | Ш | WHN Be Prepared, Help Center | melting snow) | |
| | Prepaid phone card (cell phones | _ | pages (Natural Disasters, Fire) | □ Towels | |
| | don't always work) | | Written instructions on how to | □ Water-resistant snow boots | |
| | Roll of quarters (phone calls, | | turn off electricity, gas and water | ☐ Wool socks | |
| | vending machines) | | in case authorities advise you to | | |
| | | | do so. | | |
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| Notes |) | | | | |
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